

## Who can help?

- \*Teachers/Teaching assistants
- \*Parents
- \*Brothers and Sisters
- \*Governors
- \*Midday supervisors
- \*Friends
- \*Any adult you trust
- \*Childline



## What will happen if you tell?

- \*An adult will talk to the person using bullying behaviour and the victim
- \*An adult will talk to other children to find out if anyone else saw or heard anything
- \*Both sets of parents will be told
- \*Consequences will follow for the person using bullying behaviour (decided by Headteacher, teachers and parents)
- \*We hope the person using bullying behaviour will realise their behaviour is wrong and change.
- \*The victim stops being bullied.
- \*Adults keep checking that the bullying has stopped.

## ??? Questions ???

- \*What does STOP stand for?
- \*What are the 5 types of bullying?

**MOST IMPORTANTLY...**

**tell someone so that bullying can stop!**

## Anti-bullying booklet for the pupils of Greenvale Primary

School



Written by the Pupil

Parliament



## What is bullying?

**Bullying can happen anywhere at anytime to anyone.**

**Bullying is when someone picks on someone else on purpose over and over again.**

**Bullies want to hurt the other person physically or emotionally.**



**S**everal  
**T**imes  
**O**n  
**P**urpose

## Bullying can be:

**Emotional**- hurting their feelings on purpose.

**Physical**-hitting, kicking, pushing, poking, tripping over.

**Verbal**-calling names, making fun of someone, talking about someone behind their back, threatening.

**Cyber**-on a computer, tablet, phone, sending nasty messages or horrible photos.

**Prejudiced**-bullying someone because of their culture, religion, skin colour, likes/dislikes or gender.

## If you are being bullied:

### DO!

- \*Tell a trusted adult
- \*Call ChildLine on 08001111
- \*Ignore them
- \*Tell a friend
- \*Walk away

### DON'T!

- \*Retaliate (do it back)
- \*Believe what they say
- \*Feel pressured to do what they say



## If you see someone being bullied:

### DO!

- \*Ask them to stop (if you feel confident)
- \*Tell an adult
- \*Make sure that the person being bullied is okay

### DON'T

- \*Be a bystander
- \*Join in
- \*Try to sort it out yourself

